

Vaccination Aftercare

We were pleased to administer your vaccination today.

- It is normal to have mild pain, bruising, itching or redness at the injection site. These should go away within 1-2 days.
- It is common to have aches, mild fever, headache or fatigue for 1-2 days as part of your body's natural response to building immunity against the disease.
- Talk to us if you develop fever, chills, headache, muscle pain or a sore arm – we will recommend an appropriate treatment.
- Get medical help immediately if you have any signs of an allergic reaction including hives, swelling of the face, lips or throat, wheezing or fall in blood pressure. Call 911.

If you have any questions about vaccines or the diseases they help prevent, ask our pharmacist!

Adult Immunizations: Are yours up-to-date?

Speak to our pharmacist to learn which vaccines might apply to you.

Tetanus / Diphtheria

- Everyone, every 10 years

Pneumococcal

- People 65 and older.
- People 18-64 with certain medical conditions or other risk factors.

Human Papillomavirus (HPV)

- People 9 to 26 years of age.
- People aged 27 years of age and older at ongoing risk of exposure.

Travel vaccines

- Varies by destination
- Consult your pharmacist or visit 360healthpharmacy.ca for a list of travel clinics

Other Vaccines

- Flu, COVID-19
- Meningococcal
- Measles / Mumps / Rubella
- Varicella (Chickenpox)
- Pertussis (whooping cough)

Herpes zoster (Shingles)

- People 18 to 49 at increased risk.
- People 50 and older.
- Including people who have had a previous episode of shingles

Respiratory Syncytial Virus (RSV)

- People 75 years of age and older, particularly for those who are at increased risk of severe RSV disease.
- People 60 years of age and older who are residents in a facility.
- People aged 60 to 74 years of age in consultation with their health care provider.
- Pregnant individuals from 32 through 36 weeks gestational age.

Our convenient digital pharmacy service



With 360Health Pharmacy & Wellness you can manage your prescriptions, request refills and book appointments all in one place.

To learn more and sign up, scan the QR code to visit the 360Health website.

Store Location:

City:

Phone number:

Do you take several daily medications?

We are pleased to develop a care plan tailored to your needs and provide custom pill packaging, automatic refills and other services suited to you.

Reference: Canadian Immunization Guide. Available at <http://www.phac-aspc.gc.ca/publicat/cig-gci/index-eng.php> Accessed July 2024.